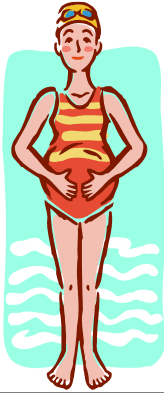








<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>	<u>SAT</u>
<u>6 A.M.</u> Deep Power Hour Judy/1HR	<u>9:30 A.M.</u> Pammy's Double Whammy Pam/1HR	<u>9 A.M.</u> Power Aquatic Hour Linda/ 1HR	<u>9:30 A.M.</u> Pammy's Double Whammy Pam/1HR	<u>6 A.M.</u> Deep Power Hour Judy/1HR	<u>10A-12:30P</u> Swim Lessons w/Mark Keane <u>SUN</u> <u>1:30-4 P.M.</u>
<u>9 A.M.</u> Aquatic Energy Workout Jan/ 1HR	<u>10:45 AM</u> GOLDEN LIFESTYLES <i>(Private Class)</i> 1HR Katie/Winnie	<u>10:45 AM</u> GOLDEN LIFESTYLES <i>(Private Class)</i> 1HR Katie/Winnie		<u>9 A.M.</u> Power Aquatic Hour Jan/ 1HR	
<u>12 NOON</u> Aqua Aerobic Hour Anne/1HR	<u>1P.M.</u> P.A.C.E. People w/ Arthritis Can Exercise Linda/1HR	<u>12 NOON</u> Aquatic Energy Workout 1HR Katie/Winnie	<u>12 NOON</u> Aquatic Energy Workout 1HR Katie/Winnie	<u>10:45 AM</u> GOLDEN LIFESTYLES <i>(Private Class)</i> 1HR Katie/Winnie	
<u>1:15 P.M.</u> Bone Strength /Toning Anne/1HR	<u>2 P.M.</u> Arthritic Energy Hour Karon/1HR		<u>1:30 P.M.</u> Arthritic Energy Hour Karon/1HR		
<u>6 P.M.</u> Breast Cancer Survivors Kathy Shade RN, 1HR <i>*Private Class</i>	<u>6 P.M.</u> Deep Power Hour Jacquie/1HR		<u>6 P.M.</u> Breast Cancer Survivors Kathy Shade RN, 1HR <i>*Private Class</i>	<u>6 P.M.</u> Deep Power Hour Jacquie/1HR	